How To Pray The Rosary

Begin and end with the sign of the cross–"In the name of the Father, and of the Son, and of the Holy Spirit" ending this and all prayers with "Amen"–think of the words' meaning as you pray. Say the *Apostles' Creed* on the crucifix; then an *Our Father* on the first bead, and a *Hail Mary* on each of 3 beads praying for Faith, Hope, and Charity. Then a *Glory Be* and *O My Jesus*. Meditating on first mystery, begin decade with an *Our Father* on first bead, then a *Hail Mary* on each of 10 beads, then a *Glory Be* and *O My Jesus*; at completion of 5 decades/mysteries say 1 each *Hail Holy Queen,* then a *Rosary Prayer* and *St. Michael's Prayer*.

The 20 Mysteries of the Rosary

Joyful (Mon., Sat.) Annunciation, Visitation, Nativity, Presentation, Finding in the Temple; *Luminous* (Thu.) Baptism in the Jordan, Wedding at Cana, Preaching of the Kingdom & Call to Conversion, Transfiguration, Institution of the Eucharist at the Last Supper; *Sorrowful* (Tue., Fri.) Agony in the Garden, Scourging at the Pillar, Crowning with Thorns, Carrying of the Cross, Crucifixion; *Glorious* (Sun., Wed.) Resurrection, Ascension, Descent of the Holy Spirit, Assumption of Mary, Coronation of Mary as Queen of Heaven

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The Prayers, beginning with **Apostles' Creed:** I believe in God the Father almighty, creator of heaven & earth, & in Jesus Christ his only Son our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died & was buried. He descended to the dead. On the third day He rose again. He ascended into heaven & is seated at the right hand of the Father. He will come to judge the living & the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, & life everlasting, Amen. * Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread & forgive us our trespasses as we forgive those who trespass against us; & lead us not into temptation, but deliver us from evil, Amen. * Hail Mary full of grace, the Lord is with thee. Blessed art thou among women & blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now & at the hour of our death, Amen. * Glory be to the Father & to the Son & to the Holy Spirit, as it was in the beginning is now & ever shall be, world without end, Amen. * O my Jesus forgive us our sins & save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy. * Hail Holy Queen, Mother of mercy, our life, our sweetness & our hope. To you do we cry poor banished children of Eve, to you do we lift up our sighs mourning & weeping in this valley of tears. Turn then most gracious advocate, your eyes of mercy towards us & after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary, pray for us holy mother of God that we may be made worthy of the promises of Christ.* O God whose only begotten Son, by His life, death & resurrection, has purchased for us the rewards of eternal life, grant, we beseech you, that meditating on the mysteries of the most holy Rosary of the Blessed Virgin Mary we may imitate what they contain & obtain what they promise through Christ Our Lord, Amen.* St. Michael Archangel, defend us in battle. Be our defense against the malice & snares of the devil. May God rebuke him we humbly pray, & do O prince of the heavenly host, by the power of God, cast into hell Satan & all the evil spirits who prowl about the world seeking the ruin of souls.

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